

August 2023

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To the Emmaus Community...Pilgrims of Women's Walk #87 -July 20th-23rd, 2023

Michelle Cavinder Linda Fullerton Aimee Highley Tina Platfoot Donna Russo

Aimee Dve Susan Geise Brenda Kriner Hillary Rader **Courtney Wilson** Rebecca Edge Teresa Haller Cassandra Lawrence Dianne Oakley

Flor Escobar Chavez Adelyn Hankins Savanna Richmond Samantha Riffle

To the Emmaus Community,

First of all, I would like to thank the Board and the Community for allowing me to serve as Lay Director of Women's Walk #87. I can't begin to tell you how blessed I have been by this opportunity. God chose an amazing team to serve on this walk. The ALDs were so very organized at all the team meetings and throughout the weekend. The LOGs had everything ready for us and kept things clean and organized throughout the weekend. Table leaders and assistants were great with the pilgrims and asked good questions during the team building process. The music was beautiful throughout all the team meetings and the walk weekend. Our Spiritual Director was amazing. She was there for any questions or counseling that was needed. We had 18 pilgrims who were so kind and considerate of each other and the process of the walk. They made it easy for the team. The food was fantastic! The entertainment was great! Thank you to all those who helped serve in the kitchen and supplied agape for the weekend. The Holy Spirit was certainly there during the entire team building process and throughout the weekend. We were so blessed! Jill Ludwig

Lay Director

Greater Sidney Area Emmaus Women's Walk #87



We are prayerfully planning for the next set of walks!!

Women's Walk #88 in October 5th-8th

Men's Walk #81 November 2nd-5th

Please check website www.sidneyemmaus.org for lists of current and past team members and pilgrims.

Message from our Chairman:

Seasons. . . Winter, Spring, Summer, Fall. When we hear the word seasons, this is normally what we think about. In congruence with nature, every Christian will experience different seasons in their walk with God. Timing is important. In order to fully experience God's peace throughout the many storms of life, we must learn to discern, accept, and appreciate the perfect timing of God. Learning to adapt to God's timing is essential to avoid the feelings of despair. We must submit to God's perfect timing. As difficult as it is sometimes, we must allow the season that we, as individuals, are in to run its' full course. Our God is an Awesome God and it is always His intention to bless us despite the circumstances we may be facing. Hard times will bring forth good character if we allow God to perform His perfect will in our lives. As much as our flesh desires, we should not attempt to change

the season we are in to satisfy our will. Just as the day is balanced out by the night in a 24-hour period, the seasons that we must walk through are designed by God to keep our lives balanced. Paul's understanding of this was evident in his letter to the Phillipians. "I am not saying this because I am in need, for I have learned to be content whatever the circumstance. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or want. I can do all this through Christ who gives me strength." Phillipians 4:11-13

Don't carry your own burdens. They are far too heavy. Hand them over to the Lord. A big part of an Emmaus weekend is Dying moments when we hand our burdens over to Jesus. The good news is you can have dying moments outside of Emmaus. It's not a one-time occurrence. You can have as many dying moments that you need. Learn to trust in God's promises and Christ's power to give you strength. By submitting yourself to God, you can trust Him to bring you through every trial and circumstance.

Dawn Pulfer

Chairman of the Board



SERVING IN THE KITCHEN

NEW Kitchen Sign Up

We are testing out a new, online kitchen crew sign up process. This online site will allow everyone the opportunity to sign up to serve and cook in the kitchen during the Walk weekends. There are a couple of ways to signup.

- 1. There is a link on the Emmaus Facebook page that will take you to the signup web site.
 - 2. You can click on the link below and that will also take you to the signup web site. https://www.sidneyemmaus.org/v2_kitchen.htm
- 3. Don't have Facebook? You can contact Deb Loewer and she can sign you up. daloewer@gmail.com or

937-570-0798

Some features of the new sign-up process:

- 1. Allows you to sign up yourself and also sign-up others (friends and family)
- 2. Provides everyone a view of the spots that are open and still need willing servants. (Note even if all spots are filled, you are welcome to join the kitchen crew and lend an extra hand).
- 3. Allows everyone to remove themselves from a spot if he/she is no longer able to serve.
- 4. If you enter your email address, you will receive a reminder email 7 days before your time to serve. (Note their privacy policy states they will NOT sell your email address to other marketers).

We are hoping the new process gives everyone more opportunities to serve and be part of the kitchen crew during the Walk weekend. If you have any questions, problems, or concerns, feel free to contact Deb Loewer at daloewer@gmail.com.



Hello Emmaus Community,

Just a few reminders as we kick off the next Emmaus weekend:

- 1. If you have bedtime Agape, there needs to be 60 pieces if it is for all. If you want it to be pilgrim bedtime, there needs to be at least 30.
- **Please mark as bedtime Agape or let us know when dropping off. **
- 2. Meal Agape should have 60 pieces.
- ** If you want it to be for meals, Please mark meal time Agape or let us know when dropping off!** (**We have been short on bedtime and mealtime, lately. Could your share group help? Do you have a Bible Study you meet with that could help?)
- 3. NO MEGA AGAPE!! What is considered Mega Agape? Anything larger than an envelope is considered mega agape. While we all know it is nice to receive these, please save for after the walk when your pilgrim is picked up on Sunday. We need to make sure that whatever is given to pilgrims, fits in their envelope packet on Sunday. (This includes for team also. If you want to do gift bags for team, please deliver them on your own as it makes more work for your logs who are passing out the bedtime agape to try to deliver these as well and we all know the LOGS (LEGS) work hard enough)
- 4. Please make sure all pilgrim agape is marked with first and last name and adding "pilgrim" helps also. Please try to make sure there is no Agape marked, "mom", "dad", "Aunt Sally", etc. as we are not always sure who it belongs to with those markings, and we want to make sure it gets to the right person. (There is a sample of this on the Emmaus Facebook page!)
- 5. PILGRIMS RECEIVE NO PERSONAL AGAPE EXCEPT ON SUNDAY IN THEIR PACKET!!
- 6. If agape is for team, please put first and last name and "team" on envelope. If it is for team that is giving a talk, please write "talk agape" on the envelope and we will make sure it gets in the right spot. Also, on that note, if you want them to have it a specific evening, please indicate that on the envelope as well. If you have Agape for the spiritual directors, please mark them. If they are not a live in, we have a hard time getting their agape to them after their talk, so please bring in before their talk. (Often there is a few with the same name so first and last names help us when sorting that Agape)
- 7. There are baskets in the Agape room that are labeled for Agape. Please make sure to use the baskets and please do not go behind table. This can confuse things for those working in the agape room.
- 8. There are cards, bookmarks and writing utensils available in the Agape room if you are needing to write Agape during the weekend. We ask that if you are writing Agape, please drop in the correct basket when you are finished and please put pens and unused things back in basket they were provided in.
- 9. If you are sponsoring a pilgrim, make sure to get their Agape packets from the Gathering Place

after closings. If it is left, we will put out at gatherings or on walk weekends.

If you have any questions, please contact Jill or Tim Burden and they will be happy to help you!

Agape Chairpersons, Tim and Jill Burden

P.S. Only team members only can be in teams sleeping quarters, this means don't take any agape and put on team's beds during the weekend. If a team member needs something, please give to the logs and they will give it to the team member.

Reminder Emmaus Etiquette

Emmaus Community Etiquette

- 1) Try to always wear your name tag to Emmaus functions
- 2) Be considerate that Only speaker requested prayer partners should listen to talks
- 3) Keep the holy atmosphere at candlelight.
- 4) No photographs at any Walk weekend Emmaus activity. We need to honor the pilgrim's privacy.
- 5) No one other than pilgrims and live in team are allowed in the conference room.
- 6) No one other than pilgrims and live in team are allowed in sleeping quarters.
- 7) When volunteering during the weekend you should have minimal contact with pilgrims and live in team.
- 8) Working in the kitchen as support of the weekend you should keep your intended contact with the pilgrims within the task or service you are performing. Some examples:
 - This is the pilgrim's weekend and not yours, but that does not mean you should be silent to them or ignore them in a disrespectful way. Be loving, be a good listener, be flexible, but also understand that in serving the pilgrims as part of the weekend, you need to be genuine and focused on serving the walk. Focusing too much attention on particular team members or pilgrims may pull the focus of the weekend away from moving the pilgrims towards the love Christ has for each of us.
 - Christ is all about relationship and this weekend is about moving the pilgrims to a deeper relationship with Christ. You are Christ's representative as part of the kitchen's support to the weekend. Be of service but also be aware of the bigger picture.
 - If a pilgrim talks to you or initiates a conversation, don't push them away or cut them off. It is not "illegal" or "punishable" to talk to a pilgrim or team member, but we need to be aware that we should not be the ones to pursue it or maintain it longer than a moment or two.
 - The team members are working to a schedule and the pilgrims are working to that schedule also. As kitchen team members, we need to try and not hold up the team members or pilgrims. Breaks or "downtime" are not free time for the kitchen team to simply pull a pilgrim or team member aside for lengthy conversations.
- 9) When to wear your purple cross? It is not against the rules to wear it any other time, but we ask you to make sure you bring it to closing as a showing of community.

- 10) Respect the wishes of Sidney 1st Methodist. We are their guests.
- 11) If you move something in the church building, please put it back when you are finished.
- 12) Please Leave the church building as clean or cleaner than you found it.
- 13) Wednesday night setup per Sidney 1st UMC requirements
 - a. Setup to start on 1st floor at 8:30PM
 - b. No one allowed on 5th/6th floor until after 8:30PM
- 14) No live in team member in the church before 3PM on Thursday afternoon during walk weekends
- 15) When volunteering use the "buddy system". Do not go anywhere alone.

Sponsor Responsibility/Etiquette

- 1) Honestly answer all pilgrims question and explain what goes on at weekend. There are no secrets
- 2) You are responsible to make sure pilgrim has at least 15 pieces of personal agape letters. These should be brought to the Agape room at sendoff on Thursday night. No pilgrims name should be read at Candlelight for lack of agape.
- 3) Personally bring your pilgrim to Thursday night sendoff. It is your responsibility to bring them and help them settle in.
- 4) If your pilgrim is unable to attend the weekend immediately contact the Registrar or Sponsorship board member so we are not waiting for them to show up.
- 5) Attend Sponsor's Hour Chapel immediately after Thursday night sendoff. It is your responsibility to pray over your pilgrim's cross as part of the extended weekend team.
- 6) Attend Candlelight and greet your pilgrim.
- 7) Attend Closing.
- 8) Take your pilgrim home.
- 9) Help your pilgrim get into a share group. If help is needed, the board Good Shepherd will help if contacted.
- 10) Follow up with your pilgrim after walk to see how their 4th days are going.
- 11) Bring pilgrim to the walk reunion gathering (typically next gathering after walk weekend)

Community Information

We are having gatherings!!

The Greater Sidney Area Emmaus Gatherings are held on the 2nd Tuesday of the month at 7:00 pm. We meet at the Methodist Church, 230 E. Poplar St. –Sidney, OH. Please come join us in the worship and fellowship. Please bring a covered dish to share at the meal. Meal begins at 6 pm with service following and beginning at 7 pm.

Dates for 2023 are:

September 12th, October 10th, November 14th and December 12th!

Board Meetings

Meetings are held the 3rd Thursday of each month, meet in Fellowship Hall at 6:45 pm.

PLEASE NOTE:

We can now accept credit card payments for the weekend and for book table!! If you have any questions, please see Kathy Huseman or any board member!

WILLING SERVANT / SHARE GROUP FORMS

We are still trying to get the NEW database updated with information. If you have never filled out a Willing Servant form or have not filled one out since the new form has been revised in January of 2015, please fill out the Willing Servant/Share Group form attached and send it in. Or you can go to the Emmaus website: www.sidneyemmaus.org, under forms or on the Facebook Page. You can mail it to Sidney First Methodist at the attached address or send to princess_lumc@yahoo.com.

Or bring it to a Gathering and put it in the collection plate. We need this information, so we can contact you to serve on future teams, and to keep you updated on events.



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This service that you perform is not only supplying the needs of the Lord's people but is also overflowing in many expressions of thanks to God. Because of the service by which you have proved yourselves, others will praise God for the obedience that accompanies your confession of the gospel of Christ, and for your generosity in sharing with them and with everyone else. - 2 Corinthians 9:12-13

| Name | Birth Year | |
|--|--|--|
| Mailing Address | | |
| City State Zip code | | |
| Email addressChu | rch | |
| Phone Number: Home | _ Mobile | |
| When and where of original walk | | |
| Interested in serving on Live in team? | | |
| Are you in a share group?WomenMenB | loth | |
| Name of share group Are you accepting new membersYesNo | | |
| Members of Share Group (First and Last Name) | | |
| When (Day/time) and where (City) you meet | | |
| We ask you to PRAY about your commitment and to serve in any way you can. Remember that it should be done in God's timing and not your own. Christ is counting on you! The following are ways that you can serve during the year and walk weekends. Please mark the areas you are willing to serve. You can also contact your Emmaus Board to see where you can help. Visit www.sidneyemmaus.org for current board list. | | |
| Walk Weekends: | Weekend Agape: | |
| Serve in Kitchen by Cooking or Serving | 72 Hour Prayer Vigil | |
| Assist with set-up or teardown for Send Off meal | Meal Agape | |
| Assist with set-up for Candlelight dinner | Bedtime Agape | |
| Music: | Monthly Gatherings (2 nd Tuesday each month): | |
| Sing / play guitar / piano / other instrument | Assist with Meal set-up or clean-up | |
| Special Music at Gatherings | Give a Fourth Day Talk | |
| Dinner music for Candlelight dinner | Special Music at Gatherings | |
| Saturday night entertainment | | |
| Serve on live in team as Music Director/Assistant | | |
| | | |

Please help us to update these records so we can contact you for future walks.

Make copies and pass them out to others in your share group or church that have attended the walk to Emmaus.

You can mail this form to the church as addressed on the other side or email to chairman@sidneyemmmaus.org

Rev 12-01-21

GREATER SIDNEY AREA EMMAUS WALK WILLING SERVANT FORM 2015

The Sidney Area Emmaus Community Sidney First Church 230 E. Poplar Street Sidney, Ohio 45365 Please Stamp

Leadership <u>Chairman</u>
The Greater Sidney Area Emmaus Community
Sidney First Methodist Church
230 E. Poplar Street
Sidney, Ohio 45365

Emmaus

The loCtJB of Emmaus is God as Jinown in Jesus Christ and how that finds expression in the local church. The object of Emmaus is to inspire, chaillenge, empower, and equip local church membera for Christian action in their homes, churches, and places of wodc. Emmaus lifts up a way for our grace-flied life ID be lived and shared with others.